

October 2019

Clarendon School District One High School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 Breakfast: Honeybun w/ Cheese Stick, or 2 Cereal Bowls</p> <p>Lunch: BBQ Pork on WG Bun, French Fries, Baked Beans, Assorted Fruits</p>	<p>2 Breakfast: Breakfast Pizza or 2 Cereal Bowls</p> <p>Lunch: Chicken Alfredo, Steamed Turnip Greens, Mix Vegetables, Corn Bread Assorted Fruits Milk Variety</p>	<p>3 Breakfast: Biscuit & Sausage, or 2 Cereal Bowls</p> <p>Lunch: Asian Chicken Fried Rice, Oriental Vegetables, Green Beans, Assorted Fruits Milk Variety</p>	<p>4 Breakfast: Waffles & Sausage, or 2 Cereal Bowls</p> <p>Lunch: Pepperoni Pizza, Tossed Salad w Dressing, Corn on the Cob Assorted Fruits Milk Variety</p>
<p>7 Breakfast: Muffin, or 2 Cereal Bowls</p> <p>Lunch: Chicken Nuggets w/Roll, French Fries, Baby Carrots, Assorted Fruits Milk Variety</p>	<p>8 Breakfast: French Toast & Eggs, or 2 Cereal Bowls</p> <p>Lunch: Spaghetti w/Roll, Tossed Salad w/Dressing, Green Beans, Assorted Fruits Milk Variety</p>	<p>9 Breakfast: Grits, Toast, & Sausage, or 2 Cereal Bowls</p> <p>Lunch: Baked Sausage, Seasoned Rice, Stew Tomatoes, Turnips, Assorted Fruits Milk Variety</p>	<p>10 Breakfast: Biscuit w/Jelly, or 2 Cereal Bowls</p> <p>Lunch: BBQ Riblet on WG Bun, Sweet Potato Fries, Baked Beans, Streamed Corn, Assorted Fruits Milk Variety</p>	<p>11 Breakfast: Breakfast Pizza, or 2 Cereal Bowls</p> <p>Lunch: Taco w/ Lett & Tom, Golden Corn, Pinto Beans Assorted Fruits Milk Variety</p>
<p>14 Breakfast: Muffin, or 2 Cereal Bowls</p> <p>Lunch: Cheeseburger w/ Cheese, Lett & Tom, French Fries, Baby Carrots, Assorted Fruits Milk Variety</p>	<p>15 Breakfast: Biscuit & Sausage, or 2 Cereal Bowls</p> <p>Lunch: Meatloaf w/Gravy, Mashed Potatoes, Sweet Peas, Black Eyed Peas, Cornbread Assorted Fruits Milk Variety</p>	<p>16 Breakfast: Honeybun w/ Cheese Stick, or 2 Cereal Bowls</p> <p>Lunch: BBQ Pork on WG Bun, Green Beans, Fried Okra, WG Roll Assorted Fruits Milk Variety</p>	<p>17 Breakfast: Breakfast Pizza, or 2 Cereal Bowls</p> <p>Lunch: Lasagna w/ Cheese, broccoli , Lett, Tom & dressing Assorted Fruits Milk Variety</p>	<p>18 Breakfast: Waffles & Sausage, or 2 Cereal Bowls</p> <p>Lunch: Chicken Filet on WG Bun, Baked Chips, Baby Carrots w/Ranch, Fresh Broccoli Assorted Fruits Milk Variety</p>

MEALTIME MESSAGE

All students in Clarendon 1 receive one breakfast and one lunch at no cost

Assorted Milk, Juice, and Fruit Assortments are Available Daily for Breakfast.

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Salad or Sandwich a second choice Served Daily

Menu Items subject to change based upon availability.

Country Breakfast
Grits, Egg or sausage w/toast
Monday, Wednesday and Friday



<p>21 Breakfast: Grits, Toast, & Sausage, or 2 Cereal Bowls</p> <p>Lunch: Fish Sticks, Yellow Rice, Mixed Vegetables, Fresh Baby Carrots Assorted Fruits Milk Variety</p>	<p>22 Breakfast: French Toast & Eggs, or 2 Cereal Bowls</p> <p>Lunch: Pepperoni Pizza, Tossed Salad w/Dressing, Steamed Corn, Assorted Fruit Milk Variety</p>	<p>23 Breakfast: Chicken Biscuit , or 2 Cereal Bowls</p> <p>Lunch: Chicken Fajita Wrap w/Lett & Tom, Refried Beans, Salsa/ Sour Cream, Taco Sauce Assorted Fruits Milk Variety</p>	<p>24 Breakfast: Croissant w/ Sausage, or 2 Cereal Bowls</p> <p>Lunch: Marinated Baked Chicken, Brown Rice, Spinach, Steamed Squash, Assorted Fruit Milk Variety</p>	<p>25 Breakfast: Biscuit w/Jelly, or 2 Cereal Bowls</p> <p>Lunch: Hotdog on WG Bun w/Chili, Baked Beans, Cole Slaw Assorted Fruit Milk Variety</p>
<p>28 Breakfast: Pancakes, Sausage, 2 Cereal Bowls</p> <p>Lunch: Sub Sandwiches w/Cheese, Lett & Tom, French Fries, Baby Carrots, Assorted Fruits Milk Variety</p>	<p>29 Breakfast: Honeybun w Cheese Sticks, 2 Cereal Bowls</p> <p>Lunch: Corn Dogs, Sweet Potatoes, Corn on the Cob, Assorted Fruits Milk Variety</p>	<p>30 Breakfast: Breakfast Pizza, 2 Cereal Bowls</p> <p>Lunch: Lasagna w/Roll, Tossed Salad w/ Dressing, Steamed Squash Assorted Fruits Milk Variety</p>	<p>31 Breakfast: Muffin, 2 Cereal Bowls</p> <p>Lunch: Cheeseburger w/ Cheese, Lett & Tom, French Fries, Baby Carrots, Assorted Fruits Milk Variety</p>	

"Clarendon School One is an Equal Opportunity Provider & Employer"

**Additional Grain offering are available to high school students (9-12) This institution is an equal opportunity provider.